



# NNJR Track Pack

Lime Rock Park - 2023

Monday June 26<sup>th</sup> and Tuesday June 27<sup>th</sup>

## Welcome to NNJR Driver Education at Lime Rock Park

YOU ARE RESPONSIBLE FOR KNOWING ALL OF THE INFORMATION IN THIS PACKAGE.

PLEASE READ, PRINT AND BRING A COPY OF THIS PACKAGE TO THE TRACK (COPIES WILL NOT BE AVAILABLE AT THE TRACK).

### *Registration, Waivers and Crew Members*

All entrants to the track, drivers and guests, must register and sign the NNJR and Lime Rock waiver. Registration will be set up in the paddock area. NNJR will issue color-coded wrist bands to drivers based on run group, with silver bands issued to crew members. Lime Rock will also issue a wrist band to all.

Run groups, event schedules, track map, and work assignments are included.

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## Track Logistics

### *Address*

60 White Hollow Road, Lakeville, CT 06039

### *Arrival at Track*

The track becomes available to us at 4:00pm on Sunday June 25th for trailer drop off. Arrive promptly, as **we are required to vacate the track by 6:00pm**. Tech & Registration will be from 4:15 -5:45pm.

### *Attire*

Short sleeves allowed

### *Noise Restrictions*

Lime Rock has a strict noise limitation standard of 88 dBA for all Porsche Clubs. Vehicles with noise measured above this level will be black flagged and given a chance to make modifications to reduce noise. Anyone receiving two black flags for noise in one day will be prohibited from running for the remainder of the event.



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### *Safety*

Open cars must have a fixed roll bar. Lime Rock does not permit cabriolets that have deployable roll bars. Roll bars must be of sufficient height to pass the "broomstick" test.

### *Garages and Camping*

There are no garages, and camping is not permitted.

### *Food*

LRP concession stands will be open both days for breakfast and lunch.

### *Fuel*

Both race and street fuel will be available.

### *Bikes, Scooters, and Skateboards*

These "vehicles" are not permitted in pit lane nor in the paddock where cars are entering or leaving the track or where tech inspection is being held. While permitted in other areas of the paddock, you are responsible to ensure that all proper safety gear is worn, in compliance with state law. Please inform anyone attending with you, especially children, to remain clear of prohibited areas and to exercise caution.

### *Paddock Jack Rules*

Do NOT jack or place any jack stands on the asphalt. You must use wood or metal underneath any jack or jack stand.

### *Please Note:*

Lime Rock strongly advised that all participants disable On Star or any Crash Notification System that their vehicle may have. This is only if they're using a vehicle with these features while out on track. This will prevent the activation of 911 and prevent the activation of unnecessary resources from outside emergency services. Some Apple watch models have a similar feature. Make sure this feature is turned off, or leave the watch in the paddock.

## Tech Inspections

### *Tech Inspections*

**Note:** Prior to the event, all cars must complete a technical inspection at an authorized shop or dealer. Instructors may self tech. However, Instructors must submit proof of their annual professional tech inspection, which should be done at the beginning of the season.

All drivers are required to complete and sign the pre-tech inspection form and bring it to the track-side tech inspection. The form is available here:

<https://nnjr-pca.com/wp-content/uploads/2023/01/2023-track-tech-form.pdf>

We will hold a tech inspection on Sunday night from 4:15pm to 5:45pm. For those arriving Monday morning, we will also hold tech beginning at 6:45am and concluding no later than 7:45am. We will no longer require additional Tech inspections for the following day unless your car requires additional services as specified by the Tech team. Anyone requiring an additional tech or missing a tech session may arrange that with the tech steward.



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## A Note on Car Numbers

You must provide numbers and apply them to your car prior to entering the tech line. Numbers do not need to be fancy: one inch blue painters masking tape works well on light colored cars.

**Make sure you can read the number from 100' distance.** Door numbers should be at least six inches high and appear on both the driver and passenger side of the car. Front and rear numbers must be at least 4 inches high. This is a case where size does matter. **You must use the number assigned to you as shown in this track pack.**

## Event Safety Rules

SAFETY IS OUR PRIMARY CONCERN THROUGHOUT THE EVENT - Anyone deemed to be conducting themselves or their vehicle in an unsafe manner, either on or off the track, is subject to suspension for the balance of the event.

NO ALCOHOLIC BEVERAGES OF ANY TYPE may be consumed by any person until the driving schedule has been completed and the track is shut down. The use of any ILLEGAL OR REFLEX AFFECTING DRUGS IS STRICTLY PROHIBITED.

## Driving Lime Rock

In preparation for the upcoming Lime Rock DE event, "trackside classrooms" are now available to watch on YouTube at your convenience. Both video classrooms include a Turn by Turn discussion of Lime Rock. You are strongly encouraged to watch the appropriate session. We hope to have time on the Lime Rock schedule for discussion and questions: the presentations themselves will not be repeated at the track.

- **Students:** Passing and Traffic Management <https://youtu.be/YZNr9VFvpng>
  - Slides: <https://nnjr-pca.com/wp-content/uploads/2023/06/2023-NNJR-Passing-and-Traffic-Management-pdf>
- **Advanced Drivers:** Give Yourself an Out <https://youtu.be/JG8kh61e8WM>
  - Slides: <https://nnjr-pca.com/wp-content/uploads/2023/06/NNJR-Give-Yourself-an-Out.pdf>
  - Deliberate Practice Worksheets for Situational Awareness <https://nnjr-pca.com/wp-content/uploads/2023/06/Sensory-Input-Worksheets-for-Lime-Rock.pdf>
- **All Drivers**
  - Turn by turn descriptive video: <https://youtu.be/9l1wAS3QCCs>
  - Turn by turn slides: <https://nnjr-pca.com/wp-content/uploads/2023/06/Lime-Rock-Turn-by-Turn-NNJR.pdf>
  - Track Map for your notes (print several) <https://speedsecrets.com/wp-content/uploads/2018/12/Lime-Rock.pdf>
  - In car video of Lime Rock Park: <https://youtu.be/6eso1yNF5PE>
- **Your First DE? Learn what to expect**
  - **Short in-car demonstration Video** <https://youtu.be/10Ppl8pjfDk>

If you have questions or comments on any of this material, please email Bill Gilbert: [gilbert4@rcn.com](mailto:gilbert4@rcn.com).

**Thom Calabro**, NNJR PCA Track Chair



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### Event Officials

EVENT CHAIRMAN	Thom Calabro
CHIEF INSTRUCTORS	Dyke Hensen, Craig Mahon
REGISTRATION	Larry Lanwehr
TOWER	Grace Calabro
SAFETY	Curtis Barsi
STAGING	Lime Rock personnel
TECH STEWARD	Bob White
TECH INSPECTION	Rob Hoffman, Glen Ochten, Britt Findley, Paul Eherenzeller
REGISTRARS	Craig Mahon, Dave Martin



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## ALL DRIVERS ALL RUN GROUPS

RED			BLACK			WHITE			BLUE			YELLOW			GREEN		
No.	Full Name	Inst?	No.	Full Name	Inst?	No.	Full Name	Inst?	No.	Full Name	No.	Full Name	No.	Full Name	No.	Full Name	
00	Curtis Barsi	Yes	14	David Fox	Yes	12	Frank Fiore		13	Jordan Wiesen	00	Katherine Cashman	01	Jason Brienza			
1	Richard Barry	Yes	17	Dom Miliano	Yes	16	Stuart Levy		23	Jody Gallegos	15	Mark Morrissey	7	Jake Drury			
3	Bill Gilbert	Yes	24	Howard Medow	Yes	34	Marcio Razuk		55	Brad Fishman	22	Michael Ricciardi	007	Nancy Gleason			
29	Russell Gee		036	Glen Ochten		36	Sandra Spinelli	Yes	780	Bryan Barger	27	Yu Xiao	007	Scott Gleason			
39	Jim Foster		42	Zoltan Kiraly	Yes	48	Bob McMinn		822	Christopher Ciuffreda	28	Robert Rizzo	10	Richard Kearns			
59	David Martin	Yes	084	Ralph Hallenborg		54	Grant Lenahan		911	Ashish Wagh	70	Sue Smith	11	Robert Mason			
67	Thom Calabro	Yes	96	Craig Gaul	Yes	56	Robert Carbognin		965	Britt Findlay	91	Lisa Iervolino	30	Lori LeBec-Wagm			
070	Paul Bauer		99	John Vogt	Yes	61	Ron Lubin				101	Kyle Barker	57	Chris Williams			
73	Michael Merkin		102	Stuart Milsten		71	Trent Miller				177	David Gibson	66	Alan Walker			
110	Marcus Gava		144	Peter Traphagen, Sr		81	Stephen Hunter				189	Suk Fung	94	Doug Henry			
198	Douglas Holcomb	Yes	174	Seth Mansfield		081	Stephen Hunter				229	Paul Ehrenzeller	123	Rick Schwartz			
393	John Kissel		252	Alan R. Soberman	Yes	87	Scott Silverman				671	Dillon Lefler	482	William Day			
741	Joe Mansfield	Yes	303	Rob Hoffman		122	dennis dauria						591	Aaron Martin			
767	Michael Aquino	Yes	314	Dan McAuley	Yes	151	Todd Drury						816	Bill Wolsch			
885	Tibor Jurich	Yes	319	Larry Lanwehr	Yes	534	Larry Fishman										
918	Thomas Iervolino	Yes	492	Jim Moore	Yes	681	Karl Ohaus										
992	Steven Corodemus	Yes	640	Tim Barnes	Yes	760	craig knutson										
			666	Michael Vincent	Yes	761	Marshall Knutson										
VOLUNTEER INSTRUCTORS			728	Jeff Krol	Yes	861	Norm Mandell										
	Dyke Hensen	Yes	745	Shawn Cudnik	Yes	986	Ceyan Birney										
	Craig Mahon	Yes	829	Steve Lefler	Yes												
	Aaron Nash		928	Frank Bennett	Yes												
58	Mike Carr	Yes	940	Vinnie Bondi													
781	Bob White	Yes	965	Duncan Findlay													
			999	Bruce Hernsdorf													

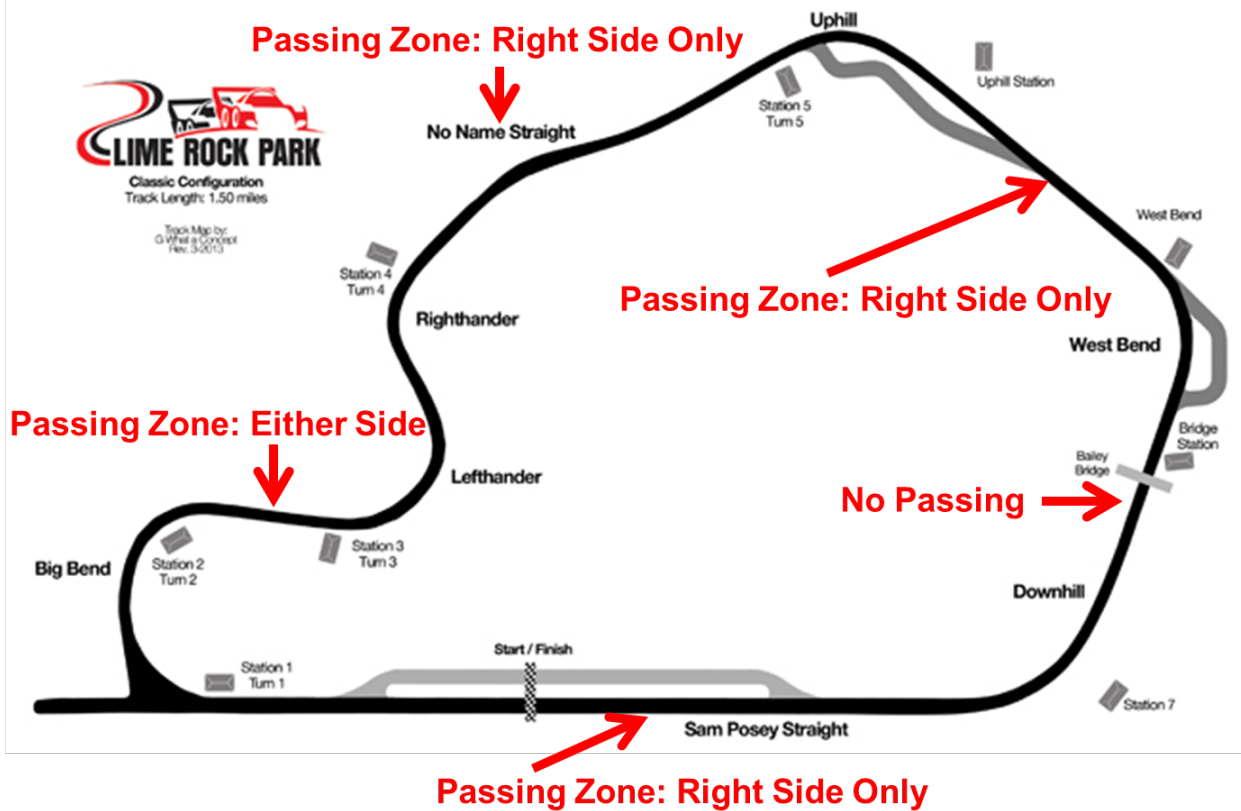
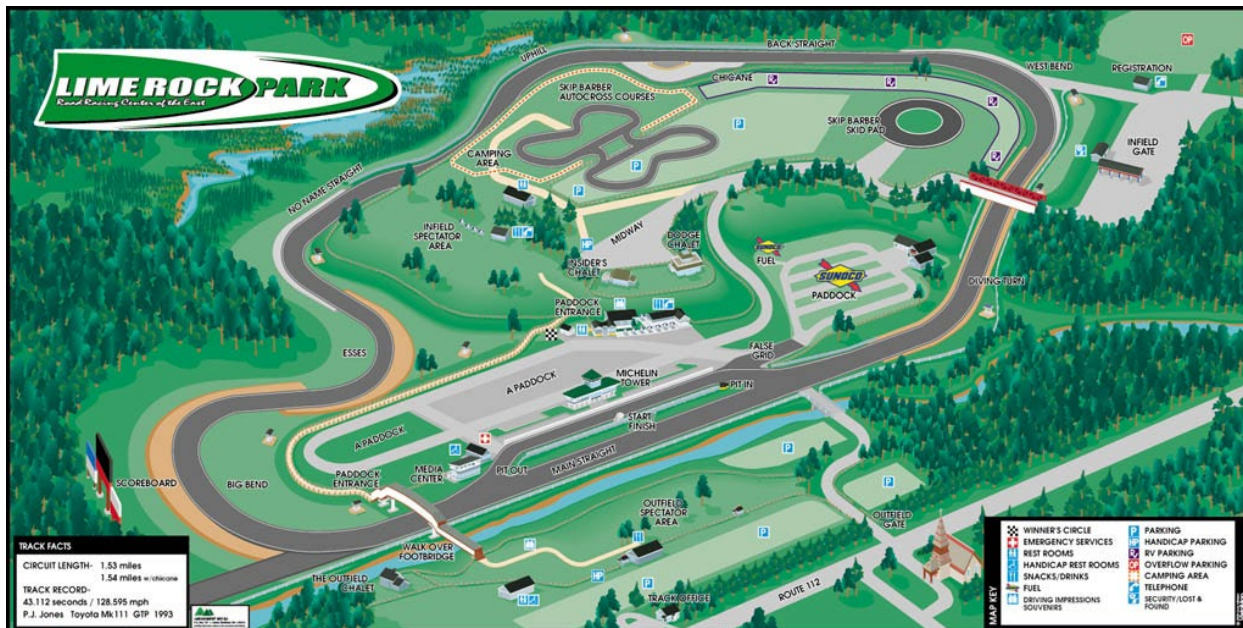




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## MONDAY SCHEDULE

### Morning Tech Inspection & Registration:

07:00am – 08:15am Tower Lane – All Drivers & Guests must check-in

### Morning Meetings:

08:15am – 08:35am Instructors Meeting in the Pit Lane

08:15am – 08:35am Drivers Meeting in Paddock near Tower

08:35am – 08:40am Run Group Meetings – location will be announced

Meetings are mandatory for all drivers and instructors

08:40am Novice Meeting – Green Run Group

11:55 R/B Instruction, 12:25 W/B Instruction, 2:45 Yellow Instruction

### On Track:

09:00am	Black	Black
09:24am	Red	Red
09:48am	Blue/White	Blue/White
10:12am	Yellow	Yellow
10:36am	Green	Green
11:00am	Black	Black
11:24am	Red	Red
11:48am	Blue/White	Blue/White
12:12pm	Yellow	Yellow
12:36pm	Green	Green
01:00pm	Black	Black
01:24pm	Red	Red
01:48pm	Blue/White	Blue/White
02:12pm	Yellow	Yellow
02:36pm	Green	Green
03:00pm	Black	Black
03:24pm	Red	Red
03:48pm	Blue/White	Blue/White
04:12pm	Yellow	Yellow
04:36pm	Green	Green

Debrief meeting after your last run of the day. Location for meeting will be announced at the morning Run Group Meeting

05:00 – 07:00pm Paul Miller Porsche sponsored social. We must vacate the paddock by 7:30pm










See you tomorrow!

## TUESDAY SCHEDULE

### Morning Meetings:

08:30am – 08:40am Instructors Meeting in the Pit Lane  
08:30am – 08:40am Drivers Meeting in Paddock near Tower  
08:45am Green Instruction

### On Track:

09:00am		Black
09:24am		Red
09:48am		Blue/White
10:12am		Yellow
10:36am		Green
11:00am		Black
11:24am		Red
11:48am		Blue/White
12:12pm		Yellow
12:36pm		Green
01:00pm		Black
01:24pm		Red
01:48pm		Blue/White
02:12pm		Yellow
02:36pm		Green
03:00pm		Black
03:24pm		Red
03:48pm		Blue/White
04:12pm		Yellow
04:36pm		Green

**Thank you for coming! Have a safe drive home!**

We'd love to see you at a future NNJR event.

August 25 - 27	Watkins Glen 1
September 18 & 19	Watkins Glen 2    Advanced / Solo
October 7 & 8	Lightning 2
October 27 - 29	Virginia International Raceway

For our full schedule please visit our website at

<https://www.motorsportreg.com/orgs/pca/northern-new-jersey/drivers-education>